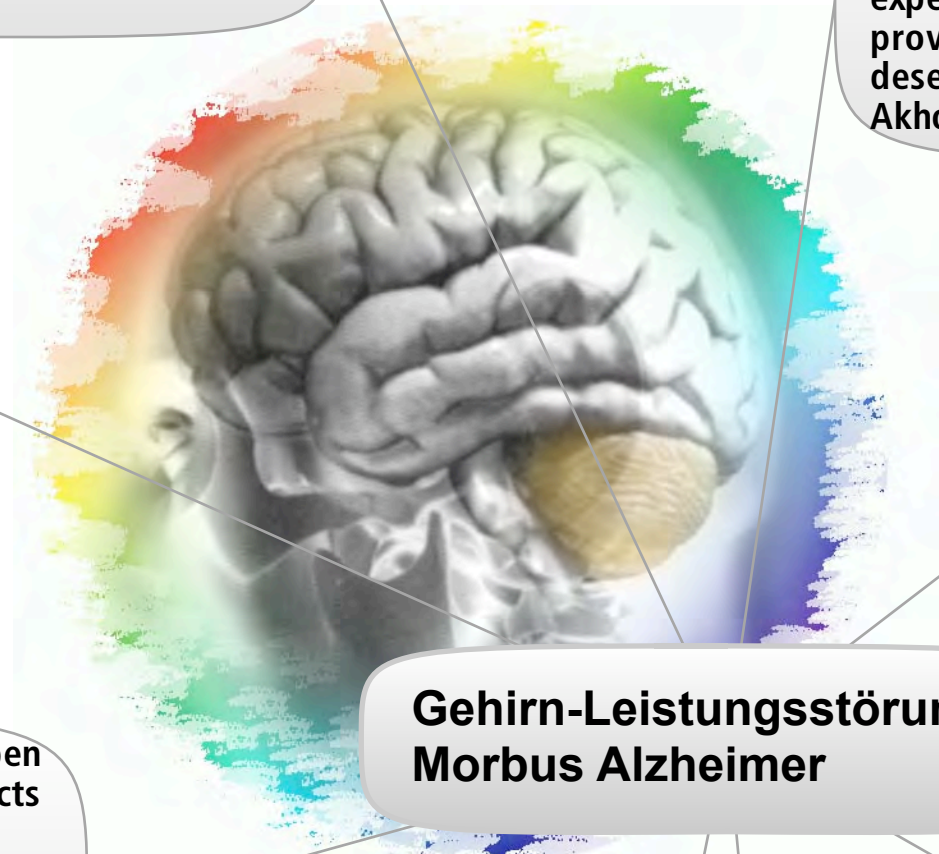


"The results of this study indicate the efficacy of **Salvia officinalis** extract in the management of mild to moderate Alzheimer's disease. Moreover, *S. officinalis* may well reduce agitation of patients but this needs to be confirmed."
Akhondzadeh & al. 2003

"The results of this study suggest that **Melissa officinalis** extract has efficacy in the management of mild to moderate Alzheimer's disease. It also has a beneficial effect on the agitation experienced by patients with this disease, and so may well prove to be a novel natural treatment. We feel these results deserved further investigation."
Akhondzadeh 2003

"during aromatherapy [**Lavandula angustifolia**] showed a significant improvement in agitated behaviour during aromatherapy compared with placebo." Holmes & al. 2001

"The essential oil utilised in the current study was shown to have both AChE inhibitory and cholinergic receptor binding properties. Furthermore, there are no reports of negative side effects associated with *S. lavandulaefolia*... The possibility that the positive behavioural effects demonstrated in the current study could also be applied to those suffering from age- or disease-related declines in functioning deserves serious investigation."
N. T. J. Tildesley & al., Northumbria University 2005



Gehirn-Leistungsstörungen Morbus Alzheimer

Salvia lavandulaefolia: "Although an open label trial is not free from practice effects or rater-caregiver expectations, statistically significant differences between baseline and 6 weeks treatment were a reduction in neuropsychiatric symptoms and an improvement in attention."
Nicolette S. L. Perry & al. 2003

[**Lavandula ang.**, **Origanum maj.**, **Pogostemon cabl.**, **Vetiveria ziz.**]"The study showed a significant decrease in behavioural problems and resistance to care in the patients who received the cream with essentials oils compared with those who received the cream alone."
Bowles & al. 2002

Fallstudien mit **Lavandula angustifolia:** Henry & al. 1994; West & Brockman 1994; Hardy & al. 1995; Wolfe & Herzberg 1996; Brooker & al. 1997; MacMahon & Kermode 1998

"In blinded ratings of the video recordings, of the three conditions, aromatherapy [**Lavandula angustifolia**] and massage showed the greatest reduction in the frequency of excessive motor behaviour." Smallwood & al. 2001